

Variable	Mean	SD	Median	Mode	Range	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.2	12.5	32.0	30.0	20-65	0.15	2.10	0.98	Normal
Gender	1.2	0.4	1.0	1.0	1-2	0.05	0.05	0.99	Normal
Marital Status	2.5	1.2	2.0	2.0	1-4	0.10	0.50	0.99	Normal
Education	15.8	2.5	15.0	15.0	10-20	0.05	0.05	0.99	Normal
Income	1200	300	1000	1000	500-2000	0.10	0.50	0.98	Normal
Occupation	3.5	1.5	3.0	3.0	1-5	0.05	0.05	0.99	Normal
Health Status	4.2	0.8	4.0	4.0	3-5	0.05	0.05	0.99	Normal
Stress Level	3.8	1.0	3.5	3.5	2-5	0.10	0.50	0.98	Normal
Life Satisfaction	4.5	0.5	4.5	4.5	4-5	0.05	0.05	0.99	Normal
Resilience	3.2	1.2	3.0	3.0	1-5	0.10	0.50	0.98	Normal
Optimism	4.0	0.8	4.0	4.0	3-5	0.05	0.05	0.99	Normal
Emotional Stability	3.5	1.0	3.5	3.5	2-5	0.10	0.50	0.98	Normal
Self-Esteem	4.2	0.5	4.2	4.2	4-5	0.05	0.05	0.99	Normal
Life Satisfaction	4.5	0.5	4.5	4.5	4-5	0.05	0.05	0.99	Normal
Resilience	3.2	1.2	3.0	3.0	1-5	0.10	0.50	0.98	Normal
Optimism	4.0	0.8	4.0	4.0	3-5	0.05	0.05	0.99	Normal
Emotional Stability	3.5	1.0	3.5	3.5	2-5	0.10	0.50	0.98	Normal
Self-Esteem	4.2	0.5	4.2	4.2	4-5	0.05	0.05	0.99	Normal
Life Satisfaction	4.5	0.5	4.5	4.5	4-5	0.05	0.05	0.99	Normal
Resilience	3.2	1.2	3.0	3.0	1-5	0.10	0.50	0.98	Normal
Optimism	4.0	0.8	4.0	4.0	3-5	0.05	0.05	0.99	Normal
Emotional Stability	3.5	1.0	3.5	3.5	2-5	0.10	0.50	0.98	Normal
Self-Esteem	4.2	0.5	4.2	4.2	4-5	0.05	0.05	0.99	Normal
Life Satisfaction	4.5	0.5	4.5	4.5	4-5	0.05	0.05	0.99	Normal
Resilience	3.2	1.2	3.0	3.0	1-5	0.10	0.50	0.98	Normal
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Emotional Stability	3.5	1.0	3.5	3.5	2-5	0.10	0.50	0.98	Normal
Self-Esteem	4.2	0.5	4.2	4.2	4-5	0.05	0.05	0.99	Normal
Life Satisfaction	4.5	0.5	4.5	4.5	4-5	0.05	0.05	0.99	Normal
Resilience	3.2	1.2	3.0	3.0	1-5	0.10	0.50	0.98	Normal
Optimism	4.0	0.8	4.0	4.0	3-5	0.05	0.05	0.99	Normal
Emotional Stability	3.5	1.0	3.5	3.5	2-5	0.10	0.50	0.98	Normal
Self-Esteem	4.2	0.5	4.2	4.2	4-5	0.05	0.05	0.99	Normal
Life Satisfaction	4.5	0.5	4.5	4.5	4-5	0.05	0.05	0.99	Normal
Resilience	3.2	1.2	3.0	3.0	1-5	0.10	0.50	0.98	Normal
Optimism	4.0	0.8	4.0	4.0	3-5	0.05			



